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## Primary Mental Health - 2009 Seminar Series

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### Adolescent Mental Health or Adolescence and Other Psychotic States

Adolescence is a time of grand transformation. It is a time of transition, trial and error, risks and rewards. This programme will consider the impact and consequences of the physical, cognitive, social and emotional transformations that the adolescent must traverse, taking the kid into the world of the young adult. We will look at the well-known risks and challenges: the emotional roller-coaster, drugs, sex and relationships, identity and insecurity. Specifically, we will look at those times when the road gets particularly rough, e.g., depression and anxiety, eating disorders, and substance abuse. Most importantly, we will explore how to talk to teens, what to say when and how to intervene.

**For:** GPs, Nurses, Psychologists, Counsellors,  
Social Workers, and Other Allied Health  
Professionals

**When:** June 3rd, 2009  
6:30pm – 7:00pm Refreshments  
7:00pm – 9:00pm Program

**Where:** St. Columba Centre  
40 Vermont Street  
Ponsonby

**Parking:** Ample Free Parking Available

**Cost:** Free to all healthcare professionals working within the ADHB catchment area. A \$20.00 registration fee applies to all those who are outside the ADHB catchment area.

**Presenter:** Dr. Louisa Walker, Registered Clinical Psychologist, MNZCCP  
Primary Mental Health Project Manager - Tamaki Healthcare PHO. Auckland PHO  
and Clinical Manager – Clinical Advisory Services Aotearoa



**Tamaki Healthcare is a Registered RNZCGP Provider  
2 Continuing education credits apply for each program.  
Registration to attend is essential.**

**For further information and registration please go to  
[www.tamakihealthcare.org.nz](http://www.tamakihealthcare.org.nz) or call 09 816 8558.**

**Space is Limited! Be Sure to Register Early!**

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