



Primary Mental Health - 2009 Seminar Series

Everything You Wanted to Know about Anxiety But were Afraid to Ask

Dr. Rob Shieff will cover a broad range of issues related to the identification, assessment and diagnosis; and comprehensive treatment strategies for Anxiety Disorders from a primary practice perspective. Topics covered will include the difference between ordinary and problematic anxiety, tips toward accurate diagnosis, when and how to use medications and the indications for use of CBT and how to access it.



For: GPs, Nurses, Psychologists, Counsellors, Social Workers, and Other Allied Health Professionals

When: June 17th, 2009
6:30pm – 7:00pm Refreshments
7:00pm – 9:00pm Program

Where: St. Columba Centre
40 Vermont Street
Ponsonby

Parking: Ample Free Parking Available

Cost: Free to all healthcare professionals working within the ADHB catchment area. A \$20.00 registration fee applies to all those who are outside the ADHB catchment area.

Presenter: Dr. Rob Shieff, Psychiatrist – Thinking Solutions

**Tamaki Healthcare is a Registered RNZCGP Provider
2 Continuing education credits apply for each program.
Registration to attend is essential.**

**For further information and registration please go to
www.tamakihealthcare.org.nz or call 09 816 8558.**

Space is Limited! Be Sure to Register Early!

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