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## Primary Mental Health - 2009 Seminar Series

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### **The MindBody Approach: Working holistically with somatisation and stress-related illness in primary care.**

It is now well known in the medical literature that our emotions affect our physiology and that stress can make us more vulnerable to illness. This programme will explore both the theoretical underpinnings of stress related illness and offer relevant practical tips for practitioners in primary care.

**For:** GPs, Nurses, Psychologists, Counsellors, Social Workers, and Other Allied Health Professionals

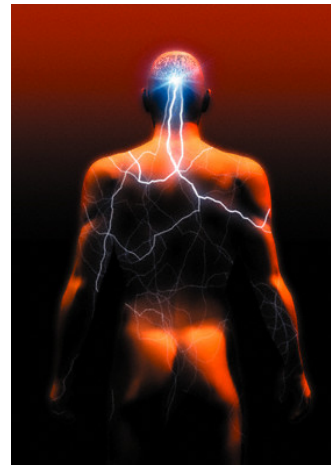
**When:** July 22<sup>nd</sup>, 2009  
6:30pm – 7:00pm Refreshments  
7:00pm – 9:00pm Program

**Where:** St. Columba Centre  
40 Vermont Street  
Ponsonby

**Parking:** Ample Free Parking Available

**Cost:** Free to all healthcare professionals working within the ADHB catchment area. A \$20.00 registration fee applies to all those who are outside the ADHB catchment area.

**Presenter:** Dr. Renske van den Brink, MBChB, DipObs, FPC, FRNZCGP, DipCounselling (Psychosynthesis) NZAC



**Tamaki Healthcare is a Registered RNZCGP Provider  
2 Continuing education credits apply for each program.  
Registration to attend is essential.**

**For further information and registration please go to  
[www.tamakihealthcare.org.nz](http://www.tamakihealthcare.org.nz) or call 09 816 8558.**

**Space is Limited! Be Sure to Register Early!**

**Program contact: Louisa Walker, Ph.D. Primary Mental Health Project Manager**  
**Tamaki Healthcare** PO Box 8139, Symonds St, Auckland  
Ph: (09) 816 8558 Mob: (021) 224 6601